



Volume 7.

Published by
The Sunflower Publishing Company.

LILY DALE, N. Y., JANUARY 15, 1902.

Issued the First and Fifteenth
of Each Month at 50 Cents per Year.

Number 9.

THE EFFORTS OF ASTROLOGERS.

Their Time, Patience, Recompense
and Hardships, in the Work, as
Students in the Attaining
and Demonstrating the
Evidences of the
Science of As-
trology.

By N. H. EDDY.

There are many who are impressed in this line of study, yet in the course of time and multitude of human life there are very many more, who are not aware of the mighty influence and effect of the stellar forces upon human life, and these latter many of them, are drifting along through life's varied experiences, little dreaming that they are being actuated in their every-day life by the laws and principles of these forces in nature.

Nevertheless, regardless of belief or disbelief, time ever marches onward in its endless rounds of motion, with accuracy in all the movements of the stars and planetary forces, in accord with the universal law and principles of nature.

The truths and knowledge of the influence and effect of these stellar forces, have been gained by many of the students of both nature and science, through time spent in study and observations of the workings of these laws and principles that are in hourly, daily and yearly impress of their forces upon all life, and especially human life. Also, regardless of time, trouble, hardships, or recompense, have the students delved earnestly and honestly into these principles, or laws of nature, to find evidences and proofs to demonstrate the facts and truths of Astrology as a science. Through understanding or comprehension of the same the people would be benefited, also have more charity than criticism for and toward others with whom, during the experiences of life they are brought into association, either in business or social affairs of life.

Time, perseverance and patience have not been stinted in working out problems, by which, through the principles of nature's universal laws, to give evidences and proof of the truths that Astrology holds in the embrace of its science. Slowly, but surely, through the indefatigable efforts, struggles and hardships of the students and observers of the relative bearings, or combined influences of these stellar forces upon all life, are the demonstrations of the truths of Astrology being made known to the people at large, yet they know but little of the hours or patient efforts given by the Astrologer to gain these facts and truths, to prove to humanity the benefits of the same, neither are the people at large aware of the many vexations that creep into the lives or experiences of the Astrologer, through their various efforts to gain either in the publishing, writing or bringing into some form or other, the evidences and demonstrated proof of these facts and truths which they know by and through their patient study and observation to be of benefit to humanity.

The recompense for the time taken to gain these evidences is often very meagre as compared with the recompense that many others gain in their daily avocation for the sustenance of life. There have been times when I have heard the remark made by those who had no knowledge of the science or the laws and principles of these stellar forces, probably not much interest in the same, either in general, or when their attention for the moment was called to bear upon

the same, "O! well, you Astrologers ought to get rich, if you can read the stars." You could invest in this or that scheme or speculation and thus, as they think, make lots of money. They little dream of their own ignorance when they make such remarks, and from the same principle, might they say, that this or that individual could become rich or make lots of money in music, or become very proficient in the same, when the forces of nature portrayed no such evidences in that line, yet in some other line there was evidence of success.

Hence, with the honest student and Astrologer, his or her stars through the working of these same laws, or natural forces in nature, do not always portray the successful issues in or from a financial standpoint, yet in the study, or attaining knowledge and evidence of these occult truths they are successful, yet not always fully appreciated by the masses of humanity who are struggling and grasping for the material and financial issues of life, taking little or no interest in the very laws and principles of nature's forces that are propelling their life's existence from day to day or giving influence and impetus to their daily efforts in the achievements of life's affairs. But the time is coming when there will be more interest manifested to know, understand and comprehend the significances of these universal laws and forces in nature. Much could be stated regarding these forces, but time at this writing does not permit.

142 Prospect Ave., Buffalo, N.Y.

What Produces Sensitiveness.

It is undoubtedly true that the desire for spiritual perfection makes man more or less sensitive, but hardly to be gauged from a religious standpoint; for in that case the church would be overcome with sensitiveness, which however is not the case.

There are more sensitives outside of than inside of that body, and largely to be found in the ranks of the poor or suffering.

Spirituality is therefore not a religious principle, unless the latter, which mostly stands for religion, is accompanied by acts consistent with spirituality.

Faith is but a passive emotion of the soul that relies upon its adherence to prescribe rules for action, independent of action.

Spirituality is an active emotion of the soul that relies upon an intuitive sense of carrying out the doctrines of faith practically.

Such persons become sensitives because the living principles have a higher or more active vibration than the matter surrounding them and thus inherit a superior consciousness of persons and things.

Unselfishness, temperance or modesty is a governing qualification of the gift and in comparison to their exercise, as a whole, they ally their material counterparts or opposites, and innate activity for a spiritual effect.

Scientifically considered, it is a pressure of the soul forces outwardly taking a positive instead of a negative on material bearing, and constitutes the basis of mediumship. Consistently carried out they lead to spiritual perfection, the aim of Spiritualism.

ARTHUR F. MITCHELL

The calamities with which the world is afflicted are the result of the ignorance of man, and not of the interference of God. —Bucke.

Poverty is unfortunate, as Lecky testifies; but nine times out of ten the best thing that can happen to a young man is to be tossed overboard and compelled to swim for himself. —Lecky.

SUB-CONSCIOUSNESS.

Expounded in Two Lectures Delivered at
Lake Helen Camp.

President Bond asked me on the last Sunday of the year, and I had promised by writing some of my experiences with Dr. Buchanan, Esq., the past week on Friday, and I had a vision of the subject given me for the purpose of publication.

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

I was deep well, but I could not sleep, I was all resource to my sleep; I said to myself, "I am not a mod."

mony or unbalanced, man is not feeling well, is sick.

Both minds are endowed with a will-power from the spirit, which will-power growth according to the unfoldment of Spiritual knowledge.

By this will-power we cannot only control the conscious mind, but can also assist our unconscious mind in the following ways:

The muscles working unconsciously or under the guidance of the unconscious mind, heart, lungs, etc. are part of our physical and regard "work" not as "pleasure." We therefore very easily fall into the habit of careless breathing and enjoy all excitement giving pleasure to the physical.

If we correct such habits by deep breathing and calmness at all times, our unconscious mind will not allow the conscious mind to "run away with all sense and reason" but it has the power to keep the human mind at all times well balanced and man is perfectly healthy and happy.

Keep this vision in your mind and you will ever strive to "balance correctly" and enjoy this life as a means of spiritual growth and unfoldment.

This lecture delivered by the undersigned, was followed yesterday, Jan. 5th, by Mrs. Dr. Buchanan giving some of her experiences of sub-consciousness.

She related the incident walking at Denver, Colorado, for some blocks, and she was conscious of the city of Paris.

Another time she was riding in a street car in Texas and the same time she was consciously at Denver in a store where her son was clerking and had there a conversation with her son and her son did see her and speak to her although bodily she was riding in a street car in far-away Texas.

Another time she was not well enough to leave her bed, but at a certain hour when she should have visited a friend, she was actually seen by said friend entering the house.

Mrs. Dr. Buchanan further stated that she had traveled all over the globe while her body was sound asleep at home in Denver.

Spiritualism worth investigation. Think of it my dear reader. Think of my vision, the well balanced state with the conscious and sub-conscious mind and of the experiences of Mrs. Dr. Buchanan.

C. H. BUCHANAN,
Teacher of Health, Wealth
and Happiness.
Lake Helen, Fla., Jan. 6th 1902.

HELL.

A mystical book that survives the dark ages. There is written a legend that tints all its pages.

It is taught by learned men whose learning is rote. That a fiend called the Devil keeps a pit burning hot and stalks at our side on a great cloven foot.

It allure us with pleasures that are simple and sweet; that we must beware, say the teachers of life, they are snares to deceive, by his invisible side.

He accompanies each soul by night or by day. He keeps his claws on our throat so we can't get away.

With his tail that is forked he prods us along. In ways that are vile and impels us to wrong.

He bids us do the kind words we say. He inspired by the Devil the holy men say.

He bids us believe what these ignorant men say. He bids us be damned in the great pit of hell.

HENRY M. BOWMAN.

SPIRITUAL PHILOSOPHY OF THE VEDANTA.

By J. P. COOKE.

Can India teach us anything? A land of ancient and of modern Spiritualism, where men are so saturated with it that they have been known to commit suicide in order the more effectually to revenge themselves upon their enemy; and yet a nation that has given the world the hope of an exalted, eternal destiny. Even India, humble as she seems among the nations, is not left helpless by the hosts of her arisen children.

It is not by bloodshed or force of arms that the victory will be accomplished, but by the perfect power of mind which India has recognized in all ages as the greatest force.

The philosophy of the "Vedanta" has much in common with the most reasoned forms of the Spiritual philosophy of our age and country.

The Greeks with their poetic feeling pictured the soul as a butterfly issuing from the lips, thus giving on the familiar analogy of the winging its way from the chrysalis.

In India the soul was more frequently likened to the fragrance of a flower. But the important thing in Vedantic philosophy hinges on something far more important than Greek poetry and rhetoric.

Victor Cousin once said the greatest of Spiritual philosophers said: "We discover many a truth and truths so profound and which make such a contrast with the meanness of the results at which the European system has stopped that we head the law behind the philosophy."

The early religious enthusiasts of India knew and bequeathed a knowledge of the true God. Their writings prove it. Even the Greek historian, appears as a feeble spirit compared to the abundant light and vigor of Oriental Spiritual Idealism.

They saw truly that the reason is the crown of manhood. Nature's mentality is the glory of God's creation.

The divine origin of the human soul is continually incited to stimulate his efforts, to animate him in every moral struggle. Its re-incorporation with Divinity is one of the primary objects of every ethical exertion.

They truly saw that the mind, the intellect, is not the true self, not "Atman," as they called it. "Self is the Lord of self— who else could be Lord?" The solar plexus rather than the brain is the seat of this central soul-self. It is a truth neither our body nor our mind, nor even our thoughts. These are merely conditions which the "true receiver" has to subvert to, in order to manifest in time, that it is really a substantial unity with the higher and the great positive mind of Cosmic Light.

These planets, such as the Earth, in their human-bearing eras, are breeding grounds for souls. It is as if God had planted Soul germs in the formative periods, that they might be evolved and grow to consciousness of their own divine origin, as their mentality became matured.

Philosophy as well as religion is striving after truth. While religion places its truth before us with "Authority," philosophy ever appeals to the Spirit within us. To our soul-intuition. Many religious teachers have indeed been sincere and successful, but their appeal is ever to the Spirit of Truth and to regions of unexplored domain of Consciousness.

Philosophical knowledge is the natural (Continued on Page 4.)

GREAT NAMES.

Lyman C. Howe.

Most people count much on the authority of great names. A picture that would not sell for \$5 if it were known to be the work of some amateur, will at once command \$100 to \$5,000 if a noted artist is credited with its production. Rarely is anything judged upon its merits.

"DEATH: ITS MEANING AND RESULT."

The title of a book recently published which contains as much valuable matter and remarkable wisdom or experience, as anything that has appeared in the last decade. The author is a man living in Bradford, Pa. It is written in an attractive style, with the impress of truthfulness and integrity of purpose in every line. The author, John K. Wilson, is not famous as an author, as his talent has been directed to his profession; but this book ought to make him famous in literature. He does not hedge and apologize for his convictions, nor attempt to argue with facts; but plainly relates what occurred under his own observation, and frankly acknowledges the conclusions to which they led. He interprets them. And he seems not ashamed to call himself a Spiritualist. Why should he after having the "proof palpable"?

This book were credited to Prof. William Brewster, Dr. Hodgson, or Prof. Dolbear, it would have been a ready sale and be extensively read. The death of Oliver Wendell Holmes, in the History of Witchcraft was in great demand. It had long been out of print. Very few people cared for it. Previous to the death of Holmes it could be bought for 50 cents or less. But it was dedicated, by the author, to Holmes, and the death of this Harvard author suddenly created a demand for the book. I was not aware of the situation, but I wanted the book for its merits. I supposed it would be easy to get a copy in any second hand book store. But I could not find it. I was ignorant of the cause until I found a man who said he could get it for me, if I was willing to pay for it. Of course I was willing and expected to pay. But it occurred to me to enquire the price before ordering. I was just a little surprised, as well as chagrined when he said it would cost me \$30. I did not buy it.

Now it was the great name of Oliver Wendell Holmes that put that fabulous price on the book, after he was dead, although he was not the author of the book. But his name was in the dedication.

Perhaps some day John K. Wilson will sell this identical book, "Death: Its Meaning and Result," at a fabulous price. Now it can be purchased for a dollar and a quarter, and the matter it contains will be valid, and perhaps more interesting ten or twenty years hence, than now, for the more this subject is investigated the more interest it has for all growing people. But I had in mind the author's reference to great names, as an index to the importance which Spiritualism has in the scientific and literary world.

Mr. Wilson quotes from the address of Sir William Thompson before the British Association for the Advancement of Science, in 1871 these significant words: "Science is bound by the everlasting law of honor to face fearlessly every problem which can fairly be presented to it." But how recurrent to this "law of honor" have been the great majority of scientists when the facts of Spiritualism have challenged them?

But there have been some noble exceptions. Prof. Robert Hare, of Philadelphia, was among the early investigators, who had the manliness and honesty to tell the truth when he had the truth. There was at that time no man in America whose ability and attainments in science surpassed Prof. Hare. He had found no evidences of immortality in the religions and bibles of the world sufficient to convince him of its reality. He conducted the investigation of Spiritualism in a view of exposing and explaining the same. He regarded it as a superstition in common with all other religious movements, and he was not satisfied until he could not explain, and was compelled under the strictest test conditions, and interpretation that has ever been made, and that was that spirits of men who had died on earth can and do communicate. He passed a resolution at a meeting of the American Society for the Advancement of Science, that Prof. Henry was president, asking an investigation of Spiritualism. Prof. Henry was asked to do it, and it was rejected with contempt. It was too trivial a question to engage the time and attention of that loyal body. But he was supported on apparently good authority, and the same night that learned conclave of the great minds of the world until the small hours of the morning to the discussion of the momentous question "Why do roosters crow at midnight?"

Whether the farmers got any more eggs from the hens or roosters in consequence of this great mental effort of this scientific body we are not informed. But the question of human life and destiny received a quietus, and no time was wasted on the age-long question of immortality, involving the hopes and fears, and joys and sorrows, and all the social and moral issues and relations of time and eternity, for the whole human race. This was too trivial a matter to engage the attention of rooster-crowers students for even an hour. But Prof. Hare was not daunted or demolished. He frankly and fearlessly gave the truth that he had found, and was converted from infidelity to a joyous knowledge of a future life, and openly proclaimed it as long as he lived, and died happy in the knowledge of immortality.

Prof. John K. Wilson in his new book refers to a list of great names in the past and present

who have accepted the lesson of facts and who "affirm that spirits of the so-called dead can and do hold converse with the so-called living," which I quote for the benefit of such readers as think that Spiritualism is only accepted by the ignorant and credulous. Intelligent readers may think there are none who thus judge at this late day, after the millions of demonstrations that have been made, but I can assure them that there are many thousands who are just so ignorant of the facts and evidences known to investigators. Mr. Wilson gives the following as affirming Spiritualism: Prof. Chalis of Cambridge, England; W. F. Barrett, professor of Physics in the Royal College of Science, Dublin; Gustav T. Fechner, professor of Physics in the University of Leipzig; Lord Rawleigh F. R. S., professor of Physics in the University of Cambridge; Prof. Scheibner, teacher of mathematics in the University of Leipzig; W. E. Weber, professor of Physics in the University of Göttingen; Franz Hoffman, professor of Philosophy, Wurtzburg University; Prof. Wagner, Geologist, University of Russia; Prof. Butler Chemist, of Russia; Prof. F. Zollner, Leipzig, author of Transcendental Physics; Prof. Nees von Esenbeck, president of the Royal Academy of Sciences, Germany; Benjamin F. Wade of Ohio, ex-United States Senator; Senator Howard of Michigan; N. P. Tallmadge, ex-Governor of Wisconsin; Sir Edward Bulwer Lytton; Alfred Tennyson, poet laureate; Mrs. Browning; Oliver Johnson, former editor of the Christian Union; Joseph Jefferson, the celebrated actor; M. Thiers, ex-President of France; Dr. Robert Chambers; Hiram Powers, the sculptor; Lord Dunsany; Hon. Alexander Aksakoff, imperial counsel, St. Petersburg; William Lloyd Garrison of Boston; Judge John W. Edmonds of New York; Richard Hodgson, professor of Psychology at Cambridge University, England; James H. Hyslop professor of Logic and Mental Science, Columbia University, New York; Rev. Minot J. Savage; W. T. Stead, editor of the Review of Reviews, and Mr. Wilson adds "many others." These would seem to be enough to settle the jingo cry of superstition that only the ignorant and weak minded, are Spiritualists. But these names can be more than duplicated. Mr. Wilson might have added the names of Queen Victoria of England; Emperor Napoleon; and Empress Eugenie of France; Prof. William Crookes, one of the foremost scientists of Europe; Prof. Oliver Lodge, who avowed his convictions in an address before the Royal Association of Great Britain, when he was president of that most distinguished body of scientific thinkers in the world; Alfred Russel Wallace, the most noted living naturalist, and the peer of Darwin in discovering the laws of evolution and natural selections.

Gerald Massey, the great English poet; Prof. William Denton, the great Geologist of his time; Prof. Elliot Coues, reputed the most brilliant American Scientist of his time; Prof. S. B. Brittain, of New York; Prof. Kiddle, Superintendent of Schools; Hon. Joshua R. Giddings; Hon. Thaddeus Stevens; Abraham Lincoln; the parents of General Grant; Rev. R. Heber Newton, of New York; Mary A. Livermore, the orator and advocate of Woman's cause; Anna Dickinson, the noted orator; James G. Clark, the great American poet; Edison, the Wizard inventor; Ella Wheeler Wilcox, the poet; Lizzie Doten, poet par excellence; Mark Twain (a medium); Victor Hugo, the great French writer and poet of the 19th century; and hundreds more among the highest ranks of literature, science and religion in all parts of the civilized world.

Ralph Waldo Emerson, our great American poet, spoke for a society of Spiritualists nine consecutive years. But great names prove nothing, only that Spiritualism has something of value, sufficient to enlist the attention, and establish conviction in the minds of the most profound thinkers and most scholarly students of the world. While Spiritualism like Christianity, has a following among the lowly, it also has the endorsement of the most cultured, and these may be counted by hundreds of thousands of the best minds on earth.

Send us a New Subscriber every month.

DON'T READ THIS

unless you wish to get well. Francis L. Locke, the only psychic wonder healer that used the Spiritual X-ray, without any loquacious explanation, direct and locate all internal disease. A trial will convince you. Nervous exhaustion and loss of sleep, and all other ailments, as rheumatism, can result. Send name, age, sex, occupation, weight and ten cents for pamphlet, and receive a correct diagnosis of your condition within dollars to you. Address:

FRANCIS L. LOCKE

Lock Box 1214,

St. Louis, Mo.

Spirit Message Department

CONDUCTED BY



LEDA.

Those who desire messages through this department are requested to send verifications to this office for publication. It is a courtesy due the medium and the publishers and aids to prove the truth of Spiritism.

People desiring personal readings from Leda can secure them by sending \$1.00 and three 2-cent stamps to Leda, care of The Sunflower, Lily Dale, N. Y.

TO WILLIAM ROWEN, LEBANON, TENN.

My, my, what a strange way of reaching my husband and children, but I am thankful for his privilege. How glad I am to be able to say to Will that death does not end all, neither does it forbid visiting those who are still in earth life. Mother and father are with me; so is Alfred Davis and Bob Davis, sister Green, Dr. Anderson and, oh, so many of the dear old Lebanon friends that want to be remembered. Will dear, how much happier you could be if you knew more about this wonderful truth. Give my love to all. Your loving wife, Mat.

HUGH POLLARD.

Good morning, you are talking for others will you kindly say a few words for me, as want to reach friends in Nashville, Tenn. and especially Charles Dezevallas, who was with me when I was killed by a street car on West End Avenue, when the car struck the buggy, and I was thrown under the wheels. Charley will recall the circumstance, and so will Mr. Eise and Charles Hardin, George M. Child, Eugene Shannon, Robert Orr and Richard Hall and others who knew me. My father and mother lived at 20 South Fourth Street. I have been with my friends many times and tried to make them know that I was present but failed, and will you kindly send this to my old friend, Charles Dezevallas, Nashville, Tenn., with the love of Hugh Pollard.

TO HUGH AND MAGGIE THOMAS, LAWTON, MICH.

We are glad that you have returned to the old place, it is better for all. There were conditions about the home life for some time that were not good. For many reasons we will not speak plainly, but mamma and papa will understand. How glad we are to get back to Michigan and to old friends there. We were sorry that mamma's plants were frozen when on the cars but papa must get others. It is right to have the shop in the house. Keep up the sittings and we will come. Jim, Flora and Sadie Allen are with us. Your children, Lee and Bulah.

TO GEORGE AND LENA PFALTZGRAF, WEST PARK, O.

My dear children, you can hardly understand the joy I feel in being able to come to you in this manner and in order to show you that we are constantly with you will say that it was too bad you had to walk home from the car barn the other night after having such a good time at the card party. Pat was with us and he enjoyed the walk. Keep right on and we will be with you to the end. Yours, with love, Mother and father Pfaltzgraf.

TO MRS. LAURA BROCKELBANK, 909 Icolid Ave., Cleveland, O.

My dear child, how I long to comfort you in this hour of sore trouble, and I have tried to reach you many times in the last months with my love and blessings. John is wrong, inconsiderate and hasty. Time alone can heal the wounds, but you have done no wrong and we are glad that you took the steps you did. Doris is here, also little Ralph and they both end love. Be of good cheer; do your duty and all good angels will come near. We are helping all we can. Your mother, Bethia Adelaide Lewis.

VERIFICATIONS.

"I had the pleasure to see a message

from my father, Frederick Brunhaus, through the medium, Leda. I found everything all right except the name of my mother. Henry Brunhaus. "Wheeling, W. Va."

"I received THE SUNFLOWER with a message from my daughter, Inez, nicknamed 'Roony' by me, a name she always liked to be called by. The message is correct in every detail and is only one of the many proofs she has given us. I thank you, and the medium and guides for it. Wm. S. Loomis, M. D. "Toledo, O."

"A friend of ours sent me a clipping from THE SUNFLOWER with a message from my eldest son, Meddie. The message is quite correct except grandpa Goodwin's name should be Maydwell. [The name was spelled Medvill, which sounds the same. Ed.] which was also my son's name but we always called him Meddie. I cannot tell you how thankful I am to the guides and to the medium through whom the message came. Mrs. Jane Goodwin. "Hamilton, Ont."

OBITUARY.

Mrs. Maria Ramsdell passed to the higher life from the home of her daughter, Mrs. H. J. Pemberton, at Fredonia, N. Y., December 31, of old age. The remains were buried in the Laona Cemetery.

Of her, Lyman C. Howe, a lifelong friend, who conducted the funeral services says: "In the transition of Mrs. Maria Ramsdell, Fredonia has lost, in its physical aspects, one of the most exemplary of women; and Lily Dale, which has had the light of her presence, a liberal portion of each summer is the richer and better for her presence, and then too, will her genial nature be greatly missed among the visible attractions of each camp season. To know, was to love her. She made everyone feel at ease, and happy in her sphere."

She was a Spiritualist and a medium, and lived in its light, blessed others by her spiritual gifts, and was sustained and comforted by the knowledge derived from experience, and close communication with the denizens of the Spiritual world which was doubly sweet and sustaining as she approached the Great Divide. Her daughter, Mrs. Linnie Pemberton, was a close companion of her life, and they lived in sweet communion and loving harmony always. Her physical absence will leave a great void in Linnie's life; but she can trustfully seek, and find her mother's blessing and silent companionship as before; and even closer bonds may be realized, as the clouds melt between them and soul answers to soul.

The years that drift down the sunset slope Of earth's appointed time, Are radiant with immortal hope That glides the valley where we grope Toward the mountains of life sublime.

LYMAN C. HOWE.

Passed from this mortal vineyard to celestial realms, Andrew J. Van Duzee, after a tarry of 73 years. Mr. Van Duzee was well known and highly esteemed, alike in G. A. R. circles and Spiritual societies. His consort, Mrs. Carrie C. Van Duzee, well-known through the country as a trance lecturer, has received the following lines:

TO COMMANDER A. J. VAN DUZEE, LILY DALE. Standing close by the mystic river, As the shadows of evening fall, They tell us you're waiting, dear comrade, "Awaiting the last bugle call."

We hasten with hearts true and loyal To stand in the ranks as of yore— In spirit we're shoulder to shoulder, In line on the mist-hidden shore.

We are here to aid and defend you, And there is no foe man we fear, Our eyes may be dim, our steps feeble, But the tie has grown strong year by year,

Which still binds our comrades together, And now—but list to the call, The silvery notes floating shoreward, Give the order, "Lights out," that is all.

Comrade Van Duzee never has faltered A command of duty or right, In the changing scenes of life's battles, He has gallantly fought the good fight.

And now at the sound of the bugle He bids us a cheery "Good bye," And as cheerfully goes with the boatman Who will come for us all bye and bye,

In the mist overhanging the river, A boat draped in silvery white, With sails like the wings of an angel And commanded by angels of light,

Is waiting the hail of the boatman, And the bugle is calling once more— Welcoming on board one comrade, Bound for camp on the evergreen shore.

We say not, "Good bye," dear comrade, But all hail for is it not true, That we too, will soon be summoned, And of the army of boys in blue.

By far the greater number, now, Are camping, we know, upon that shore, Where Peace, with laurels upon her brow Proclaimeth that "war shall be no more."

We came to aid and comfort you, But we found the battle nobly won; And, since the Great Commander calls, We humbly say, "Thy will be done."

—From Bowers Post G. A. R., No. 28, Geneva, Ohio. Published here in accordance with his request before he was taken away from Lily Dale.

MRS. DR. ABRAHAM JAMES. Mrs. Martha Ann, wife of Dr. Abraham James, passed to spirit life from her home in Fredonia, N. Y., aged 75 years, 3 months and 5 days. She was born in West Chester, Pa., and had lived in Fredonia thirty-two years.

Get Well While You Sleep, and sleep well! A descriptive pamphlet with full directions mailed to any address in U. S. and Canada for only ten cents. C. HAGEN, Hotel Webster, Lake Helen, Florida.

READ SPECIAL OFFER, PAGE SIX.

METAPHYSICAL.

Conducted By EVIE P. BACH.

WHAT I LIVE FOR.

I live for those who love me,
For those who know me true,
For the heaven which smiles above me,
And awaits my spirit, too.
For the cause which needs assistance,
For the wrongs that need resistance,
For the future in the distance,
And the good that I can do.

I live to learn their stories
Who suffered for my sake;
To emulate their glory,
And follow in their wake.
Bards, patriots, martyrs, sages,
The great men of all ages,
Whose dead-crown history's pages,
And Time's great volume make.

I live for that blest season
By gifted men foretold;
When men shall live by reason
And not alone for gold.
When men to man united,
And every wrong thing righted,
The weary world shall be lighted,
As Eden was of old.

NO EXCUSE FOR DEFORMITIES.

The hope of mankind lies in his ability to grow and evolve out of the racial beliefs in the necessity of laying aside the physical body at a certain period in life simply because he had been taught to do so. Man is possessed of the knowledge that he is capable of constantly renewing all the rusty parts of his physical anatomy and filling them with youth and vigor. It matters not what one's environments may be or what the hereditary possessions, the power and ability lie within the individual to change all adverse surroundings and mould them over at will. Some may feel that it is scarcely worth the effort, so frail and decrepid has become the physical structure; but I tell you that every physical body is worth saving and reconstructing on a higher line of life. When you know that the thing has got to be done at some period of growth why not undertake it now? If, through long years of ignorance and perverted teachings you find it impossible to succeed entirely, you have certainly made some headway and are many steps up the ladder of permanent exaltation. Don't be a criminal and crucify yourself, which you will surely be doing if you continue in your present environment when the light of truth is fairly shedding its broad glare fully in your eyes.

I tell you, my friend, it matters not how crude, how crooked or how form a spectacle your physical body may present, it may be straightened up and made whole, and brought into perfect harmony with the highest type of physical development. It is a proposition for your solution.

—The Path Finder.

THE SCIENCE OF RIGHT BREATHING.

A careful and faithful compliance with the instructions here given will positively produce health, no matter how weak or how diseased the person may be.

INSTRUCTIONS:—On first awaking in the morning force all the breath possible out of your lungs, assisting in the effort by an upward pressure of the abdominal muscles. This expels all the accumulations of impure air that have filled the lungs during the period of sleep. This expelling process should be repeated often during the day. The reason for this is obvious. First, to get rid of the poisonous air, and second to make room for the draughts of fresh, pure air that are to be carried to the lungs. As soon as all the impure air is expelled, a system of perfect rhythmic breathing begins, occupying not less than ten minutes' time. There must be perfect ventilation in the room. It is best to let a current of fresh air sweep through it.

Lie flat on the back, remove the pillows from under the head and relax every muscle. Now drink in long deep draughts of air, filling every cell of the lungs and chest until you feel a perceptible pressure all around the waist line. Don't allow the shoulders to rise at any time; the expansion must be outward from all parts of the body. The inflow must be slow, deep and steady.

After taking the deep breath, hold it for the same length of time consumed in in-breathing; then expel slowly, holding the breath tightly with the muscles of the diaphragm.

Employ the same length of time in expelling that was consumed in holding the breath, thus making the whole action uniform and rhythmic. Repeat this exercise for ten minutes and again twice more during the day—at noonday and just before the earth obscures the sun at night. In the later cases, however, the exercise should be taken in the open air and facing the Sun, tho' it is not necessary to stand in the sun's rays. The two last exercises should be taken standing or sitting.

During the period of taking these exercises, the thought should be steadily maintained by the student that he is constantly drinking in the vital life-giving properties of the Universe, and that the sun's vibrations are penetrating and permeating every atom of the body. This stimulates and exhilarates the whole anatomy, and acts directly on the nerve system and same as food, only in a more powerful degree, as it is pure, unadulterated life that is being taken into the body.

—The Path Finder.

DESIRE.

Let us follow our desires by all means, but let us first find out what our real desires are.

Many people believe they are living up to their ideals, when they are merely gratifying a succession of impulses which can be of no real or lasting benefit to them in any way. They are drawn this way today and that way tomorrow, with the regularity of a pendulum and with a velocity of motion which admits of no repose. This engenders a spirit of restlessness which is in direct opposition to the working of the law of attraction, which is peace, harmony.

The fulfilling of a real desire frequently means the sacrifice of a number of smaller ones—a sacrifice of the fittest, as it were.

This denial disciplines both mind and body, giving us self-mastery and with it the power to control our bodies instead of being swayed by every passing fancy which sits through a brain unused to concentration, dominated by a will weakened by disuse.

A real desire is something which refuses to be downed. It keeps recurring with an importunity which admits of no denial.

It may seem to be absolutely crushed today, but as soon as conditions become a little more favorable it comes forward again with a persistency which sooner or later forces itself out into the objective world.

The ability to decide what are our true desires and then to rigidly hold ourselves to this line of thought constitutes true self-culture. The vacillating creature who is at the mercy of the last person who talks to him is not in the line of progression.

It pays sometimes to refuse to gratify a wish until by sufficient persistency it has established its identity as a real desire, one emanating from our own individuality, and not merely suggested to the mind by some interested person on the outside.

LILLIAN FRY COLLIER,
Phoenix, Ariz.

—Eleanor Kirk's Idea.

THINGS TO KEEP IN MIND.

Men become like what they think. If you do not want to be tempted, keep your thoughts from all that is evil.

Remember your place when you are placed you.

Composure is the highest result of power.

You have not fulfilled even duty unless you have fulfilled that of being pleasant.

Never picture thyself in success under any circumstances in which thou art not.

There are no disappointments for those whose wills are in harmony with the will of God.

Exactness in little duties is the wonderful source of cheerfulness.

—Magazine of Metaphysics.

The News at Lily Dale.

In order to ensure correct and prompt notices of arrivals, departures, improvements, or any items of interest, please write it and hand it in to this office. We want to give our readers all the news of the camp and your assistance will do so in this way.

Miss Susan Wickham is visiting her sister Mrs. A. C. White.

Back White is filling the Lily Dale house and is preparing to leave for the summer.

Mr. and Mrs. Morris have taken the Third Avenue car and are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Mr. and Mrs. Hyde are on their way to the city for the purpose of attending our public school and in music. They are staying with Mrs. Hyde.

Announcement

The Spiritualist Training School.

THE SIXTH ANNUAL SESSION

WILL BE HELD ON

The Cascadaga Camp Grounds

Lily Dale, N. Y.

OPENING MAY 14, CLOSING JULY 10, 1902.

OFFICERS: PRESIDENT, MOSSES HULL, 72 YORK STREET, BUFFALO, N. Y. SECRETARY, MRS. ALFARATA JAHNKE, 72 YORK STREET, BUFFALO, N. Y. TREASURER, A. J. WEAVER, OLD ORCHARD, MALDEN.

COURSE OF INSTRUCTION.

BIBLE SPIRITUALISM and Higher Criticism, MOSSES HULL.

Oratory, Voice and Physical Culture, Exercises in Expression, MRS. ALFARATA JAHNKE.

PHRENOLOGY, Rhetoric, Composition and Logic, A. J. WEAVER.

PHRENOLOGICAL and Class Settings for Development, under Direction of Spirit Guides, MATTIE E. HULL.

Weekly or semi-weekly Meetings will be held by the students for practice in ship.

Oral Discussion, Preparing Papers and Exercises in Parliamentary Law.

EXPENSES.

Tuition for the term of eight weeks \$2.00. For any part of term where whole term can not be taken, per week \$1.00.

Board and Lodging on the Camp Grounds, per week, \$3.00 to \$4.00. Cottages or Rooms for self-boarders at small expense.

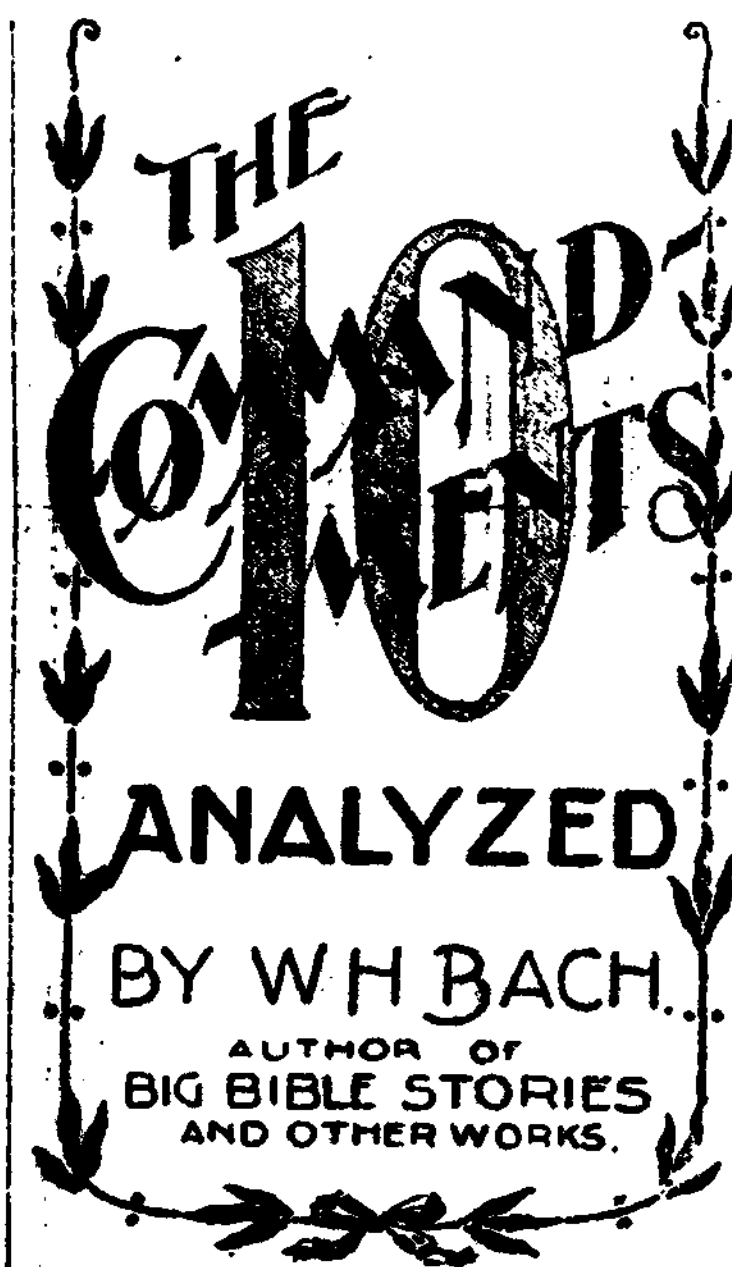
Cost of Books, from \$1.50 to \$4.00. Books can be had on the grounds.

OBJECT OF THE SCHOOL. To train its Students for Thinking, Writing, Public Speaking and Mediumship.

For further information address the Secretary or Treasurer as above.

DO YOU WANT TO KNOW THE EXACT STANDING OF THE BIBLE ON ALL MORAL AND RELIGIOUS TOPICS? GET THIS BOOK OF FACTS AND LITERAL QUOTATIONS. YOU WILL BE SURPRISED.

If you want to be up-to-date on Biblical Points, You Should Have This Book.



CONTENTS.
Introduction.
The Ten Commandments Analyzed.
Ten Forms of the Ten Commandments.
All the Commandments of value are set.
All the other Commandments are worthless.
Was Divine Wisdom Necessary to Produce the Commandments?
The New Dispensation.
What Would You Put in Place of the Ten Commandments?
Some New Commandments.

We Should Know Exactly What the Bible Teaches on These Subjects!

THE TEN COMMANDMENTS

have been considered by many to be the Only True Moral Guide, and to give the

Exact Standing of the Bible Upon all Moral and Religious Topics, BUT SUCH IS NOT THE CASE.

The Bible gives them in three different places and in two entirely dissimilar form, and it contradicts every one as positively as it gives it. In other words the same Power that gave the Commandments gave others exactly to the contrary and rewarded those who followed the Commands that were contrary to the Ten.

The Following Examples Will Illustrate the Point:

"Thou shalt not kill." "Cursed is he that keepeth back his sword from blood." "Thou shalt not steal." "When ye go, ye shall not go empty: every woman shall borrow from her neighbor." "Jewels of gold and ye shall spoil the Egyptians." "Thou shalt have no other gods before me." "See I have made thee a god to Pharaoh, and Aaron, thy brother, shall be thy prophet; and thou shalt be to him instead of God." "Honor thy father and thy mother." "The sons shall eat the fathers in the midst of thee." "A new commandment I give unto you, that ye love one another." "If a man come to me and hate not his father, his mother, he can not be my disciple."

Dozens of similar quotations are made, giving chapter and verse. The two forms are given side by side for comparison.

THE TEN COMMANDMENTS ANALYZED

is not written in a spirit of antagonism of levity. Christian clergymen have made certain claims and honest investigation will prove them true or false. If the Bible is better than the other "sacred books," we want to know it; if it is given the Commandments to follow and then orders exactly the contrary, we want to know that too.

Paper, 25c. For sale by the Spiritualist and Liberal Papers.

THE SUNFLOWER PUB. CO., Lily Dale, N. Y.

THE SUNFLOWER, 50c a Year.

(Continued From Page 1.)

The Ancient Brahmin Teachers do not pose; they are as honest and as ingenious as Thoreau, who was indeed a good deal of a forest hermit. Their work was for Truth's sake, and India has not lost her Spiritual glory. Their works after two thousand, ~~yes~~ three thousand years,

(Continued in next issue)

A WONDERFUL PIECE OF SPIRIT WORK.

I am sure your readers will be pleased to learn of a fine, large picture that has been generously donated to the N. S. A. Headquarters. It is a pastel portrait of the Three Fox Sisters, taken from spirit life, in the presence of the well-known mediums, Mrs. Paul of Chicago and Miss Gaule of New York, and the generous donor of the picture, who does not wish to be publicly shown. The canvas for the portrait was selected and placed in position by this gentleman, and carefully watched by him till the portrait was finished, which only took about thirty minutes—to which he attended before a Notary. The picture is a work of spirit power is beyond question, and as such is worthy of a place in the National Association. The gentleman who has presented it to this Association is a member

DEVELOP YOUR MEDIUMSHIP.
SEND 50 CENTS
FOR
3 Standard Books on Development.

Never Defeated; or The Psy-
chic Secret How to Keep
Young. Price: \$1.00

OF DR. J. W. PIERCE, M.D.
FOR SALE AT THIS OFFICE

WEEKLY -- 8 pages -- \$1.00 a Year.
THOMAS G. NEWMAN, Editor & Publisher,
 Station 24, San Francisco, Cal.

By Charles Dawbarn.

age 1 cell.

MAGNETIC HEALING

The Sunflower.

**50 Cents a Year. See Our
Special Offer on Page 6.**

The Value of Esoteric Thought:

The Philosophy of Ancient Healing

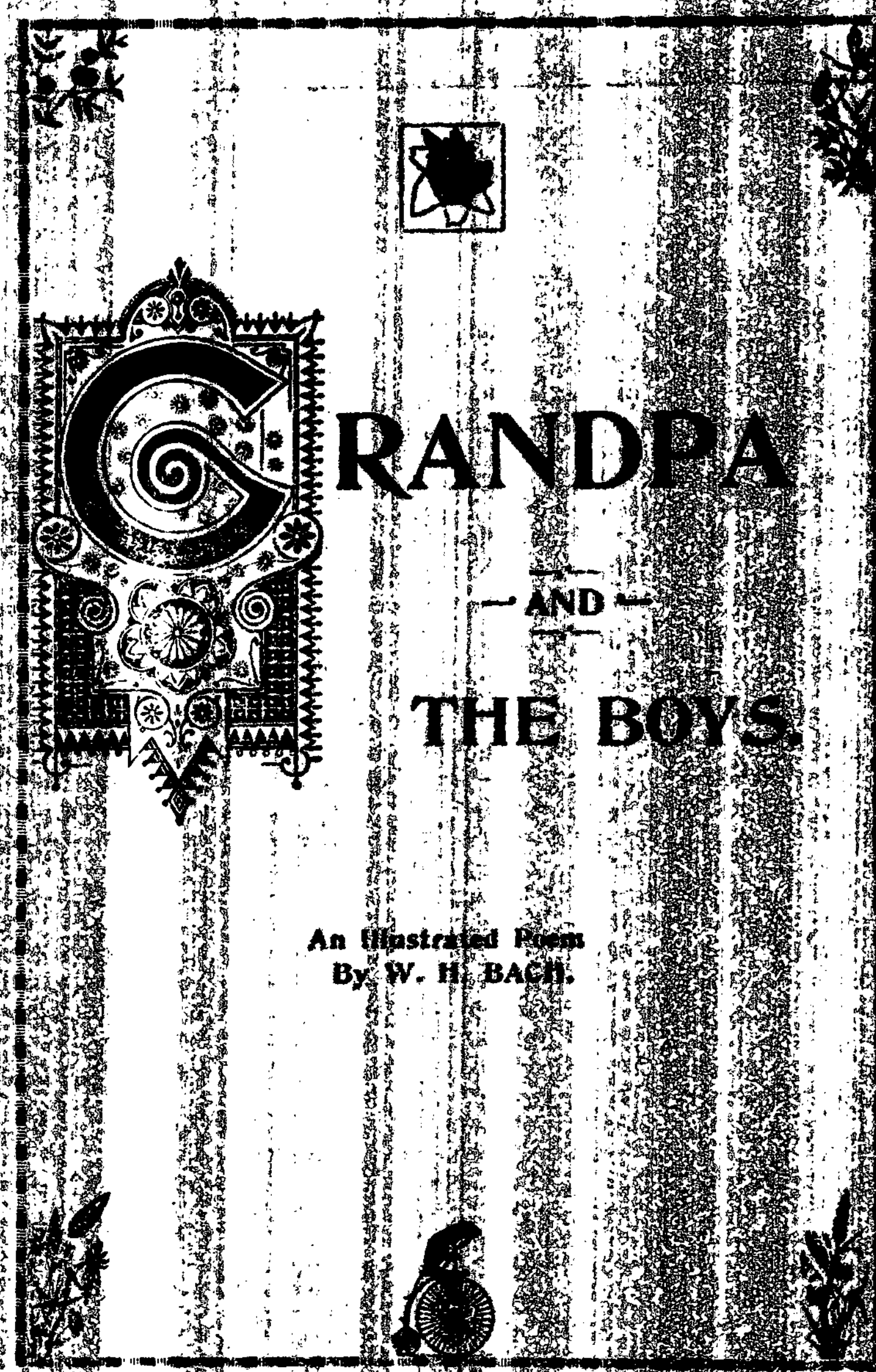
"LICHTSTRALEN"
"RAYS OF LIGHT"

Die einzige deutsche Zeitschrift für Sozialismus und Occultismus im New York. Jahresabonnement \$1.00, einsch. Postgebühren. Probenummern gratis. Versuchen Sie! Abonnement laden kostenlos ein.

MAX GENTZKE, 100 West 11th Street, New York, N.Y.

100-443887-100

SPECIAL LESSONS IN TEACHING
Send 20 cents for illustrated book teaching
how to cure disease by the grand science of
very instructive and easily understood.
Minneapolis Institute of Science
325 1st Ave. So.
Minneapolis, Minn.



This is a beautiful little souvenir volume, sixteen pages, and over, printed in colors on heavy plate paper, bound in a heavy "Tudor" style "half" leather cover paper and tied with silk cord. The poem represents the journey of an old man would see in looking back over his life, and is illustrated with pictures of children.

WHAT THEY SAY ABOUT GRAMPA AND THE BOYS

Carric E. S. Twing writes: "Grampa and The Boys is a fine, beautiful, humorous and well gotten up."

N. H. Edge writes: "Grandpa and The Boys is very nice. I have not read it, but I like the Buffalo Spiritual Temple."

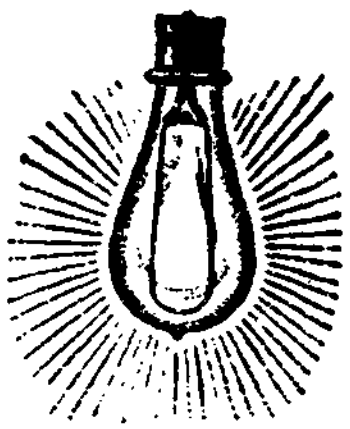
Mrs. M. T. Longley, Secretary of the National Spiritualist Association, writes thanks and appreciation of the N. S. A. is great to her for the copy of *Slingshot and the Boys*. "It is a fine poem and well illustrated. Mr. Kinsley was indeed one of the great ones for our personal use."

These are samples of letters coming from every place the people have been sent.

PRICE 25c. 5 COPIES 1.00
THE SUNFLOWER PULP CO. THE DAY

LIGHT FROM EVERYWHERE.

NORTH
SOUTH
EAST
WEST



This department is conducted to assist our public readers to keep in touch with each other and with the world. Send us notice of your engagements or any other news of interest. Secretaries of societies are requested to send short reports of their work. All notices must be accompanied by every article for publication.

CORRESPONDENTS will please remember that THE SUNFLOWER goes to press and is mailed the day it is dated. In order to insure insertion communications should reach us two days in advance and if of any length, earlier than that.

F. Gordon White is at 6 Pine Street Bradford, Penn. He is open for engagements.

Mattie E. Hull will occupy the platform of the East Aurora Spiritualist Society the next four Sundays.

Mrs. M. J. Crilly has removed to 17 West Montgomery Ave., Allegheny, where she would be glad to see her friends.

Are you pleased with THE SUNFLOWER? Then send us at least one new subscriber and help to make it better than it now is.

Chas. Loebler thinks THE SUNFLOWER is good enough for his friends to read and so makes a present of a year's subscription. Next.

Harr. Dalton writes: "I am now located at 470 Second Avenue, Upper Troy, N. Y. I have crowded houses once a week. Spiritualism is growing rapidly here and people are coming from the churches."

A letter from A. F. Melchers, formerly assistant editor of the *Light*, and well known to many Spiritualists, informs us that he is publishing a German paper at Charlestown, S. C.

B. W. and Mrs. M. H. Wallis look down upon us from a neat little souvenir of their twenty-fifth anniversary. They are both very earnest and active workers of England and have visited this country in their capacity as speakers and psychometrists. THE SUNFLOWER extends congratulations.

Ethel M. Avery, secretary, writes from East Aurora, N. Y.: "No doubt the readers of THE SUNFLOWER will be pleased to hear of the interest being taken in Spiritualism at East Aurora. The Psychic Research Society has rented a hall thus furnishing a home of our own. A dedication service was held the last of November in which Mr. and Mrs. Moses Hull and several other friends from Buffalo participated. Mrs. T. Reynolds, the vice-president of the New York State Association of Spiritualists, was with us the week ending January fourth. Her inspiration was far-reaching and has made lasting impression upon the people. The tests which she gave after each lecture brought great satisfaction to many who are searching after the truth. We were sorry to have her leave us and we extend our best thoughts to her as she continues in the missionary work."

Louisa E. Zimmerman, secretary, writes from Elmira, N. Y.: "It gives me great pleasure to report the progress of The First Spiritualist Unity Society of this city, which maketh all mankind free."

Sister Wreidt of Detroit, Mich. the well-known trumpet medium, was with us the week preceding the holidays and convinced many doubters and skeptics of the truth of the realm of the spirit loved ones.

Sister Tillie U. Reynolds of Troy, N. Y., Second Vice-President and Missionary of the N. Y. S. A. has just left us after a few days sojourn among us giving us a feast of good things of spirit.

Sister Mary C. VonKanzler returns to us for the month of February to be followed, we hope, by Sister Reynolds for the month of March.

Sister Wreidt returns to us for a week in May, when Sister VonKanzler returns to us as permanent pastor.

A great deal of interest is being manifested in the work and the term of "A God-forsaken hole" will not apply now, as has been said by one of the "shining lights" in the past when speaking of our city.

"The Queen City of the Southern Tier is alive and will prove her metal."

NOTES BY THE WAY.

Of Thoughts and Scenes Occurring
En Route to the Golden
Gate.

BY MRS. JULIA E. HYDE.

Referring to the gold in the building material of Denver, our guide remarked that "Denver had gotten the start of the New Jerusalem, for she already has her streets paved with gold and her houses built of precious material." He thought, if he had no other business, he could make at least \$1.50 per day sifting the Sands of Cherry Creek for gold. He also said that "Colorado's chief boast is the wealth of the mineral deposits in her mines, and the brain deposits in the heads of her people," and he expatiated with much pride on the rare educational facilities which the city affords.

Denver is called the Queen City of the plains, and her people strike one as being remarkably keen, intellectual, and progressive, being noted for liberal thought, religious freedom and political reform. Considering that Denver is much less than half a century old, there seems no accounting for this marked alertness and enterprise, save in the high altitude and pure, mountain air and water of the city which is more than a mile above sea level. Victor Hugo and Lord Macaulay both assert that high altitudes and the consequent pure air are always conducive to corresponding loftiness of thought, broadness of vision, and keenness of mental perception. This is shown by the marvelous powers and spiritual insight manifested by the ancient prophets of rock-ribbed Judea, who frequented the mountains for their spiritual development, for example, the magical powers of Moses in connection with Mts. Sinai and Nebo, and Elijah at Mts. Carmel and Horeb.

This youthful city of Denver impressed me so deeply that I note a few more of its leading points in the hope that it may awake a corresponding energy in the minds of some who may read this. It has a population of about 170,000, with an average yearly increase of 4400; is the center of six railway systems with 21 offices of other roads; has a tourist travel of over 75,000 per year; entertained eight national conventions last year; has over 2000 arc lights, 29,000 bicycles in constant use; a wage pay roll of over \$9,000,000 per year; 11 colleges and academies, several kindergartens, 73 school-houses, 666 teachers, 81,000 pupils in city and county, 10 private and public libraries with 80,000 volumes for public use, six law libraries, 11 parks—city park, the largest, contains 335 acres, 88 newspapers, 10 banks, 23 hospitals and asylums, an immense U. S. mint, 169 social and benevolent societies, 59 trade and labor organizations, 157 churches, one of which contains the largest organ west of New York, eight express companies, 88 manufacturing, 500 miles of water mains, 101 miles of gas mains, 232 miles of sewers, etc. More than \$2,000,000 were expended during the last two years on public improvements; 934 buildings were erected in 1900; city contains 32,500 buildings. The capitol, a beautiful and imposing structure of gray Colorado granite, is finished in native granite marble and onyx, and cost \$3,000,000. It has state museums in the basement, containing rare prehistoric, historical and natural relics, and was visited by 114,000 people last year.

Denver is noted for its social and literary clubs, the most prominent being the Woman's Club; numbering 1,000 active members, containing some of the brightest minds of the west. This club represents the following active lines of effort: Reform, Science, Philosophy, Philanthropy, Literature, Art, Music, Physical Culture, City Improvement, Education, Oratory, etc.

With deep regret we turned our backs on Denver, also on a number of trips in that vicinity of rare scenic interest, that we should have taken had it not been for the limit of our tickets to San Francisco for October 2d, thus missing the wonderful "Loop trip" of the Union Pacific, and the "Switzerland trail" of the Colorado & Northwestern, up the Giant's Ladder, a rail of nearly 2,000 feet—over 200 feet to the mile—to Ward, a mining town, nestling coyly near the summit of a huge mountain, overlooking a picturesque gorge, stretching for miles below and away. A tourist who had made this trip said: "I go up the mountains so high on this route, you can tickle the toes of the angels in Heaven, and they throw gorges so deep you can stand on their base and hand down the snow."

the summits to the wicked in the infernal regions."

Our next stop was at Colorado Springs, 75 miles south of Denver, a very pretty city of over 20,000 people, and said to contain over 30 millionaires, besides 50 to 100 men not over 35 years of age, worth from \$50,000 to \$100,000 each. Here we learned of the Mastopha-gus, that wonderful Aladdin-like bug, recently discovered by an enterprising western man at Smyrna, Turkey, and considered to be worth \$50,000,000 as a fruit land borer. It seems to command the juice of fruit-trees, carrying the pollen of fruit-flowers from tree to tree, and is said to fecundate fruit lands very effectively, wherever it exists in numbers.

Colorado Springs is over 700 feet higher than Denver, and a very important center for tourists, being near Manitou at the foot of famous Pikes Peak, Garden of the Gods, Glen Eyrie, Monument Park, and the canyons of the Cheyenne. Tourists in large numbers stop here, often for weeks together for the purpose of sketching and sketching. Kodak, camera books, bicycles and in this total cost at the school not to exceed one hundred and seventy-five dollars for a single year. Two years will graduate one for this work. This cost can be much reduced by students renting rooms and boarding themselves.

I am now, as President, devoting all my spare time to this work, paying my own postage and working without salary. I will be one who, in addition to all that I have before promised, to keep one student in the school at my own expense. This I will cheerfully do as long as my earthly faculties hold out, and I can find the means to pay the expense. If there are friends who are willing to sacrifice something in this direction, and who have not the means now, let them send in their pledges to be paid anytime during the year 1902. We want to know at the earliest moment what can be done. We want to begin to advertise, and to solicit students.

Send your pledge and offerings to me at 72 York St., Buffalo, N. Y. or to our secretary, Mrs. Clara L. Stewart, at Whitewater, Wisconsin, or to John C. Bump, our treasurer at 220 Mason St., Milwaukee, Wis. You will get receipt for your money, very soon after it shall have been received. I believe that Spiritualism now needs saving from itself, and that can only be done by self-sacrificing work along educational lines. Let us hear from all who are interested.

AN EARNEST APPEAL. The

(Continued From Page 6.)

I will do the same and more. Others are invited to join us in this work.

There are many who would be better off here and hereafter if they would make an annual donation of one hundred dollars or five hundred. Every society should take at least one collection, every year to aid this school. Every speaker should hold one meeting, and every medium one seance and devote the total proceeds to this work.

No work that Spiritualism has ever attempted is more worthy or important than this. As president of the Morris Pratt Institute, I plead with Spiritualists everywhere to make some sacrifice for this, the only school of the kind ever attempted among Spiritualists. Who will volunteer to keep one worthy young man or woman in this school? The tuition will cost only fifty dollars for a year of thirty-six weeks. Board will not cost over one hundred and twenty-five dollars for thirty-six weeks, thus making the total cost at the school not to exceed one hundred and seventy-five dollars for a single year. Two years will graduate one for this work.

This cost can be much reduced by students renting rooms and boarding themselves. I am now, as President, devoting all my spare time to this work, paying my own postage and working without salary. I will be one who, in addition to all that I have before promised, to keep one student in the school at my own expense. This I will cheerfully do as long as my earthly faculties hold out, and I can find the means to pay the expense.

If there are friends who are willing to sacrifice something in this direction, and who have not the means now, let them send in their pledges to be paid anytime during the year 1902. We want to know at the earliest moment what can be done. We want to begin to advertise, and to solicit students.

Send your pledge and offerings to me at 72 York St., Buffalo, N. Y. or to our secretary, Mrs. Clara L. Stewart, at Whitewater, Wisconsin, or to John C. Bump, our treasurer at 220 Mason St., Milwaukee, Wis. You will get receipt for your money, very soon after it shall have been received.

I believe that Spiritualism now needs saving from itself, and that can only be done by self-sacrificing work along educational lines. Let us hear from all who are interested.

INTERVIEWS WITH SPIRITS.

By Spirit Samuel Bowles.

207 pages, 8 vo; paper, 30 cents, post. 4c. If one wishes to learn how spirits live and how social life and education are carried forward in the spirit world, he should read this book.

Mr. Bowles had a happy faculty while on earth, for writing pictures of events. In this work he shows the same skill in presenting sketches of life in the spheres. He visits over sixty spirits in eight different spheres, describes their homes, their occupations, their mode of life; he converses with them and reports these conversations in a colloquial and dramatic style which is very fascinating.

The Genuineness of Spirit Photography

Is demonstrated in the

KEELER PHOTOGRAPH.

Send your own picture or a lock of hair and receive a likeness of some departed loved one. The well-finished cabinet photographs cost but \$2.00.

DR. W. M. KEELER.

60-71 1307 N. St. N. W., Washington, D. C.

Blue Laws Of Connecticut.

(Illustrated.)
PRICE:
25c.



DEVELOP FOR SLATEWRITING.

SEND TEN CENTS in silver and a stamp and get my 9-page Pamphlet giving instructions for the development of INDEPENDENT SLATE WRITING in your own home and the best means for obtaining successful results in a brief time. Address for prompt response.

P. L. O. A. KEELER, LILY DALE, N. Y.

Astrological Readings

BY
GEO. W. WALROND

are not only scientifically and mathematically calculated, but accurate and reliable. Pamphlet with terms and testimonials free. Permanent address, Astrologer, Geo. W. Walrond, 6 Orange Street, New York, N. Y.

YOUR FUTURE and past life revealed in business, speculation and love. When and whom you marry. A FREE Test Reading by Wonderful Astrology. Send 3 stamps and birth-date.

SHAGREN, S. F.,
67-69 B. 2152 San Francisco, Cal.

THE ADEPT, PUBLISHED MONTHLY BY FREDERICK WHITE

417 5th Street S., Minneapolis, Minn.
\$1.00 PER YEAR.
Devoted to Occultism in general, Planetary Magic, Past Time, Rebirth, Symbolism, Astrology, etc. Poverty and Ignorance. Sample Copy 1 cent.

Occult Truths.

A Monthly Journal devoted to the Occult.
\$1.00 per year.

Chas. W. Smiley, Publisher,
WASHINGTON, D. C.

FARADAY PAMPHLETS.

No 1.—The Relation of the Spiritual to the Material Universe: The Law of Control. New Edition, Enlarged and Revised, by M. Faraday. 15 cts, post. 1c.

No. 2.—The Origin of Life; or Where Man Comes From. The Evolution of the Spirit From Matter Through Organic Processes, or How the Spirit Body Grows. New Edition, Enlarged and Revised by M. Faraday. Price, 10 cts, post. 1c.

No. 3.—The Development of the Spirit After Transition; The Origin of Religions, by M. Faraday. Price, 10 cts, post. 1c.

No. 4.—The process of Mental Action; or How We Think, by M. Faraday. Price 15 cts, post. 2 cts.

No. 5.—Jesus Christ, a Fiction. Founded on the life of Apollonius of Tyana. The Pagan Priests of Rome in Secret Session. Startling Confessions of its Founders. Transcribed by M. Faraday. 208 pages. Price, boards, 75 cts, paper 50 cts, Post, 5 cts.

Rome Not Bethlehem, The Birth Place of Jesus. Extract from No. 5, 10 cts.

Who Wrote The New Testament. Extract from No. 5. Price, 10 cts.

No. 6.—Obsession; or How Evil Spirits Influence Mortals. By M. Faraday. Pages 23, price, 10 cts, postage, 1c.

No. 7.—Progression; or How a Spirit Advances in Spirit Life.—The Evolution of Man, by M. Faraday. Pages 35, 15 cts. Post. 1c.

No. 8.—Dissolution; or Physical Death. How Spirit Chemists Produce Materialization, by M. Faraday. Price 5 cts. Post. 1c.

No. 9.—The Relations of Science To The Phenomena of Life, by M. Faraday. Price, 10 cts, post. 1c.

Prof. Chas. T. Wood.

SCIENTIFIC ASTROLOGER.

Send \$1.00 for general writing, giving date and place of birth (hour if known) also sex.

178 A. Tremont St., Boston, Mass.

DR. BELMONT'S CURES,

So widely discussed, through the experiment begun by the Psychic Research Co. and Dr. Belmont, have converted thousands, to the efficacy of Absent Mental Treatment. The public has been kept informed, through the pages of "Suggestive Therapeutics," and other New Thought journals, of the marvels of this science; as evidenced by the Belmont method. Hundreds of my patients had long been victims of chronic disease.

Psychic Treatment Endorsed by Physicians

Enlightened physicians now claim its aid, not only for their patients, but for themselves, and under unequivocal testimony, in favor of the Belmont Treatment.

Money Refunded if Not Benefited

Despairing though you may be, write to me, as to a friend. Your money is returned if you are not satisfied with the results. In this treatment you have everything to gain, and nothing to lose. All receive my personal attention.

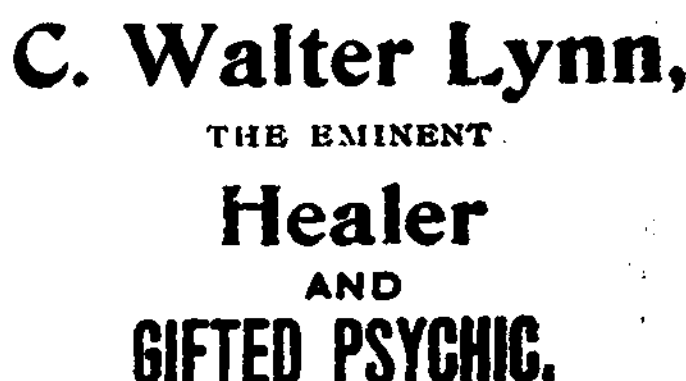
Rev. B. C. Gresham, the well known editor of "The Branch of Life," writes: "Lewis Belmont, D. S. T., is one of the greatest living exponents of the power and virtue of Absent-Treatment. I have tried him, and realized rapid recovery."

Write a description of your case, (enclosing stamp) and receive booklet of Facts Regarding Absent Treatment, giving full particulars, will be sent.

Free L. Z. Belmont, D. S. T., Box 504, Chicago, Ill.

Written for *The Sunflower*.

There is no need for any of these experiences. Each in his or her allotted space can try to do right, try to be true, and thus build for themselves bright and beautiful homes in the celestial realms.



1512 Franklin St., Oakland, Cal.

For \$2.50 we will include "1"

Remains of Chautauq on Lake.

In the Cure of Disease.



Dr. Peebles, the grand old man of Battle Creek, in whose brain originated PSYCHIC TREATMENT, has so perfected his method that it has REVOLUTIONIZED the art of healing, and it can almost be said there are NO MORE NO HOPE CASES DISEASES. This system of treatment has brought thousands upon thousands back to health. AFTER THEY HAD BEEN KNOWNLY HOPELESSLY ILL BY THE VERY BEST LOCAL PHYSICIANS. His cures have been proclaimed PHENOMENAL by the many thousands who have had the chance to watch the near neighbor, friend or relative pronounced at death's door by the local doctor, brought back to perfect manhood by this eminent doctor and his associates. These wonderful cures are brought about through a system of treatment originated by Dr. Peebles himself, the great authority on Psychic Phenomena, WHICH IS A COMBINATION OF MILD, MAGNETIC REMEDIES AND POWER, MAKING THE STRONGEST HEALING COMBINATION KNOWN TO SCIENCE. This method has been so perfected by the doctor that ANYONE MAY USE IT IN THEIR OWN HOME WITHOUT DEPENDENCE ON THE KNOWLEDGE OF ANYONE. Mrs. J. W. Anderson, St. Johns, Wash., suffered for years with pain in the back and legs, and was unable to walk. After this treatment, Mrs. C. Harris, of Martonville, Pa., says she cannot express too much gratitude for the results received from Dr. Peebles' treatment for falling of the womb and general exhaustion. Geo. H. Weeks, of Cleveland Ohio, reads the following letter after suffering from nervous prostration and insomnia for several years; he says he now enjoys excellent health and sleeps every night. G. D. Young of Wilmers, Ore., "For years I bore about my body the pitious spectacle of disease, and death stared me in the face. I now thank heaven I am a well man, and I owe this great victory over disease to Dr. Peebles' treatment. I am now able to do all the work I wish to do." Kirk, N. Y., who has suffered from nervous system, heart trouble and female weakness in a very few months, writes that he recommends Dr. Peebles' treatment to all his sick friends and relatives—in fact, to all suffering humanity.

NO MATTER WHAT THE DISEASE, OR HOW DEPENDENT YOU MAY FEEL BECAUSE YOU HAVE BEEN TOLD THERE IS NO HELP FOR YOU, THERE IS STILL HELP. Hundreds of women suffering from irregularities peculiar to their sex, have been cured by Dr. Peckie's methods, after they had been told there was no help for them unless an operation was resorted to. The same is true of all the ailments of the female sex, such as urinary indisposition, constipation, stomach and bowel troubles, catarrh, liver trouble, rheumatism, kidney troubles, heart trouble, jaundice, and bronchial trouble, dropsy, in fact, any and all diseases yield to this wonderful system. If you are afflicted with any of these troubles, and are weary of the usual treatment, and are discouraged, write me, and I will send you at once a complete diagnosis of your condition, and also literature on this grand system of treatment, together with Dr. Peckie's new method of psychic science in the Cure of Disease. All this is sent absolutely free. If suffering, write today.

Address DR. PEEBLES' Institute of Health.
BATTLE CREEK, MICH.

or use the private address of the person in Detroit, Mich.



MA & SEYMOUR, LILY DALE, &

... ..

FEBRUARY